LifeConnect: The Covenant Living Approach to Personalized Care

At Covenant Living, we take pride in the distinct qualities that set our communities apart, and at the heart of our commitment to exceptional care is our LifeConnect Partnership. With LifeConnect, we recognize and celebrate your uniqueness, catering to your individual needs to optimize personal health and vitality.



Unlocking the Benefits of our LifeConnect Partnership:

- **Discover New Passions:** Embrace the opportunity to explore new interests and hobbies that bring joy and fulfillment to your life.
- **Personalized Care Plan:** We conduct a comprehensive assessment of your interests and needs, tailoring a customized plan exclusively for your time at Covenant Living.
- **Abundance of Resources:** Access a rich array of activities and programs designed to enrich your experience and nurture your well-being.

The Interview Process:

Upon choosing to join our community, we invite you to sit down with a dedicated team member for an interview. The purpose of this conversation is simple: to learn more about you, your preferences, and aspirations. By the end of the interview, we gain valuable insights that enable us to craft a personalized care package, including personalized hobbies that ignite your passion.

Enhancing Your Wellness in Seven Dimensions:

- 1. Spiritual Wellness: Strengthen your relationship with your beliefs and find inner peace and purpose.
- 2. Intellectual Wellness: Keep your mind sharp and active through stimulating intellectual engagements.
- **3. Emotional Wellness:** Nurture a deep connection with your emotions, fostering a sense of emotional wellbeing.
- **4. Vocational Wellness:** Explore your personal pursuits and interests, continuing to find purpose and meaning in life.
- **5. Relational Wellness:** Experience a profound sense of community and belonging among like-minded individuals.

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- 6. Environmental Wellness: Revel in a space that exudes safety, comfort, and harmony.
- **7. Physical Wellness:** Achieve a healthy balance of daily movement, rest, nutrition, and hygiene to stay vital and energetic.

Discover the Next Chapter with LifeConnect:

Whether you're embarking on this exciting journey for yourself or a loved one, LifeConnect could be the perfect fit for this next chapter in life. To learn more about Covenant Living's LifeConnect Partnership, we encourage you to reach out to your local community today.

A Continuum of Care:

Rest assured that your assisted living journey is fully supported by our continuum of care. Should your needs ever change, we are always here to accommodate and adjust our approach to ensure your continued well-being and comfort.

Allow Covenant Living to be your trusted partner in personalized care, where your well-being is at the heart of everything we do.

Please select one of our locations by visiting www.covliving.org/locations to learn more about Assisted Living.



